

Find Your Freedom

Worksheet: Your Likes / Dislikes

STEP ONE

Make 2 LISTS:

- List everything in your current job/career that you like. Keep writing at least 20 things.
- Then, list everything you don't like. Keep writing till you have 20 items. DO NOT STOP.
- Then read through your list and add a weight to it, a weight of importance. e.g. Maybe you don't like team events, but they're only once a year so it's not very important. Perhaps you don't like working for a boss, but since that's what you do 40h/week, that IS very important.

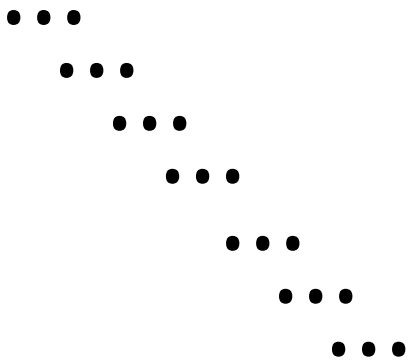
STEP TWO

- Select your TOP 3 likes/dislikes .

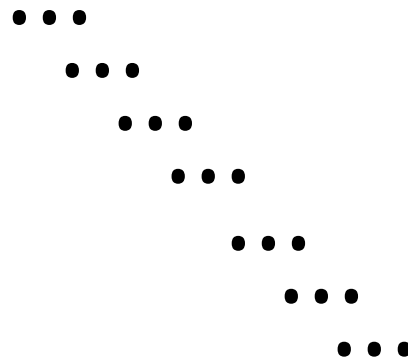
Find Your Freedom

STEP ONE

LIKES



DISLIKES



STEP TWO

MY TOP #1 :

MY TOP #2:

MY TOP #3:

STEP THREE

Post your homework and take aways in our [Facebook Group here.](#)